

How to Guide:

LEADING A RIDE

1. PURPOSE:

To provide Ride Leaders with guidelines on how to *Prepare for and Lead a Ride*.



These are guidelines only and should not be seen as ride rules.

2. PROCEDURE:

2.1 Plan and Prepare

- a) Consult ride calendar
- b) Familiarise yourself with details of ride and/or event
- c) Contact venue (if applicable) in advance, particularly for catering purposes.
- d) Keep a log of people confirmed as attending
- e) Safety checklist:
 - i. Weather check – BOM website: <http://mirror.bom.gov.au/products/IDR223.loop.shtml>
 - ii. Mobile phone charged
 - iii. First aid kit
- f) Arrange camera for branch ride photos

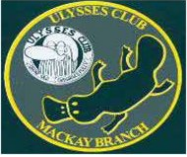
2.2 Pre-Ride Muster

- a) Arrive early and greet people – be mindful of new riders and guests
- b) Collect gold coin voluntary donations; take the hat around
- c) Agree on lead and tail riders
- d) Take head count: number of people and number of bikes; and have all sign the ride log.....
- e) Identify any learners or novice riders



If ride is to be cancelled due to weather, etc., the nominated ride leader is responsible for attending the agreed meeting point and advising people and/or making other arrangements.





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2.3 Muster Briefing

- a) Welcome all members and guests
- b) Explain detail of ride (destination; route; stop-offs; venues; fuel stops, times, etc.)
- c) Inform group as to who lead and tail riders will be
- d) Remind all to enjoy a safe ride
- e) Advise when ready to start

2.4 Conduct Ride - Etiquette

- a) Lead rider takes point position and waits for all bikes to start and fall in behind
- b) Lead off only when all bikes are started and ready
- c) Tail rider to fall in behind last bike
- d) If the group is separated by traffic lights; give way, etc., then riders should drop back and wait at turn-offs, etc. to ensure riders are not lost.

3. CONTACTS:

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EMERGENCY – POLICE – FIRE – AMBULANCE

MACKAY BRANCH COMMITTEE MEMBERS:

President	Maritta Harvey	0417633000
Secretary	Malcolm Swanney	0409648236
Treasurer	Bryce Bathe	0419764458
Committee Member	Lyn Jones	0419844896
Committee Member	Darryl Shaw	0417637808 / 0749553637
Committee Member	Bill Lucas	0418185661 / 0749551153
Welfare Officer	Lyn Craig	0428541238
Ride Committee	John Van den Heuvel	0429429431
Ride Committee	Denis Nixon	0749590335
Ride Committee	Darryl Shaw	0417637808 / 0749553637
Quartermaster	Lyn Jones	0419844896

